

Calisthenics - Lessons 1 & 2

by Carmine Caruso

Euphonium

The Four Rules

1. Tap your foot (to establish proper timing).
2. Keep the mouthpiece on the lips, and the embouchure set in position.
3. Blow the air steadily.
4. Breathe only through the nose.

LESSON 1

Exercise 1: Breath Attack

B = Breath attack (start sound with air only; no tongue)

T = Tongue normally

Musical notation for Exercise 1: Breath Attack. The first staff shows notes with 'B' and 'T' markings below them, and a 'sim.' marking. The second staff continues the exercise with slurs and accents.

Exercise 2: Intervals in 2nds

Slur (don't tongue) the intervals

Continue as high as possible until no sound comes out

Musical notation for Exercise 2: Intervals in 2nds. It shows a single staff of music in bass clef with a common time signature, featuring slurs over intervals and ending with 'etc.'

LESSON 2

Exercise 3: Intervals in 3rds (as above)

The same exercise can be done using intervals in 4ths, 5ths, etc.

Musical notation for Exercise 3: Intervals in 3rds. It shows a single staff of music in bass clef with a common time signature, featuring slurs over intervals and ending with 'etc.'

Exercise 4: Harmonic Series

Slur all intervals (using the fingerings indicated)

The same exercise can be done by: a) slurring back down to the bottom partial; and b) slurring to higher partials

Musical notation for Exercise 4: Harmonic Series. It consists of three staves of music in bass clef with a common time signature, showing harmonic series for different partials (0, 1, 2, 12, 23, 13, 123) with slurs and fingerings.